

Year 2023	Level 2 (Novice)	Level 3 (Basic)	Level 4 (180)	Level 5 (360)	Level 6 (Reverse)	Level 7 (Combo/720)	Level 8 (540/720)	Level 9 (900/1080)	Level 10 (1440)
Toe/Knee	Toe hold	180 toe turn	Toe deep swan		Opposite toe turn	360 toe wrap			
	Heel hold	Toe hold at knee	180 knee turn			Back bend to toe swan			
	Knee hold								
Flips		180 flip turn	180 flip leg around	Reverse flip					
		180 flip/ extend	180 leg around flip	360 flip/extend					
		180 flip/ hand to hand extend	180 extended flip	360 extended flip	Reverse extension				
Hand to Hand		180 hand to hand	180 leg around hand to hand	360 hand to hand	Reverse hand to hand	Osmosis (handle catch)*			
		180 hand to hand extend	180 extended hand to hand	360 extended hand to hand					
			180 legover rope						
Wrap Tricks	Rope between legs		180 rope between the legs	360 rope between the legs	KC wrap		540 toe wrap		
	Rope between legs/leg on rope		180 wrap in/wrap out	360 wrap in/wrap out	Reverse wrap in/wrap out	1 arm wrap in/ wrap out	720 wrap in/wrap out*	1080 wrap in/wrap out	
	Maya		180 rollover		180 rollover to 360 rope between legs	Reverse 360 rollover	720 pretzel wrap	1080 pretzel wrap	
				Wrap in/wrap out to extended flin	180 overhead/wrap in	Wrap in/wrap out to reverse wran in/wrap out			
Overheads				360 overhead	Reverse overhead	720 overhead*		1080 overhead*	1440 & 1800 overhead* (4 & 5 spins)
					1 arm overhead (R & L)*		1 arm 720 overhead*		1 arm 1080 overhead* (3 spins)
					540 overhead to flip or extend*	900 overhead to flip or extend*	1 arm reverse 900		1 arm 1440 overhead* (4 spins)
					1 arm 540 overhead to flin or extend*				1260 overhead* (3.5 spins)
Split Catch		180/360 extension to split catch	Roll over split catch	180/360 split catch	Reverse split catch				
				360 step over	Reverse step over				
Presses			180 flip press (fake press)	180/360 overhead press	Reverse press	1 arm pull press	540 overhead to press*	900 overhead to press* (2.5 spins)	1 arm 900 & 1260 out* (2.5 & 3.5 spins)
						1 arm reverse overhead press	Press to 540 overhead*	Press to 900 overhead* (2.5 spins)	Press to 1260 overhead* (3.5 spins)
				Overhead press to extended flin		1 arm overhead press		1 arm extended press/540 overhead	1 arm extended press/900 & 1260 OH
				Press to split catch		Back to back meltdown	Back to back*	Back to back 720* (2 spins)	Back to back 1080, 1440* (3 & 4 spins)
								1 arm back to back	
				Extended flip to overhead press (pull press)				Extended press to extended press	
Melt					Reverse meltdown		540 reverse meltdown	1 arm 540 reverse meltdown	
					360 reverse meltdown (flip, reverse meltdown)		720 reverse meltdown	1 arm 720 reverse meltdown	
								900 reverse meltdown (2.5 spins)	1260 reverse meltdown (2.5 spins)
Combination			180 hand to hand/back toe turn	Shove ski around	Overhead press/rope between legs (or wrap)	Reverse meltdown/split catch	540 reverse meltdown/knee turn	540 reverse meltdown/split catch	Stuffed pretzel (540 in/ back to back/540 out)
					1 arm overhead/wrap in/wrap out	Reverse meltdown/rope between the legs		Pretzel (540 in to 540 out)	
					Split catch/wrap in	1 arm rope between legs wran 1 arm wran			
					Wrap out/split (or press)				
					Rope between the legs/wrap in/wrap out				
					Pretzel wrap*				
Specials	Standing start, dock, or beach			Wrap start			360 wrap out start	720 wrap out start	
	Sitting start	Sitting rope between legs or wrap start		Sitting toe start			Sliding toe/back toe start		
	Arm/Leg ballet			Ski backwards shove it start			Backward start		
	Swan			Rope between legs start			Press start		
	Bow/pistol squat			Toe hold landing			180 start		
	Kneel	RBL - landing		Special landings & positions			720 wrap start		
Outside Wake	All outside wake tricks are 1 level higher than original skill Level 3 and above.								
Notes	Performing the same skill more than 2 times will not be scored				*Denotes skills with allowable reverses. Reverses are the same value as basic skill.				